

Farmington City Recreation Basketball Rules 6th – 12th Grade

1. High School rules will govern play, unless adapted below.
2. Games will be played on a full court
3. Teams will be made up of 8 – 10 players. 5 players must be present at game time to avoid a forfeit.
4. Coaches are encouraged to play each participant an equal amount of time. It is required that each participant play the equivalent to half the game.
5. The game will consist of four eight minute quarters. The clock will run except for free throws and time outs. The clock will stop for every whistle the final one minute of each quarter. If the game ends in a tie, that is how it will stay. No overtimes.
6. Two time outs per team per half.
7. Coaches and team members should remain seated while on the sidelines.
8. Coaches will be asked to hand in a team score sheet 5 minutes before each game.