

#21 Fruit Heights Upper Terrace Trail

Length: 1.8 miles

Time: 1 hour

Difficulty: Moderate

Elevation Gain: 354 feet



Description: This is a delightful trail along the 5150-foot shelf left by the ancient Lake Bonneville. Once you conquer the climb up to the shelf, you have a pleasant walk along the mountainside that is surprisingly level. The view of the city and the sunsets make this a wonderful walk. This portion of the terrace trail starts east of Farmington and goes to Baer Canyon above Fruit Heights.

Access Locations:

Access #1 - Farmington: From Main Street in Farmington, go east on 1400 N. to North Compton Road, turn right, and then turn left onto Grand View Drive. Drive up the hill to Bella Vista Drive. Turn left. Drive north on Bella Vista Drive to the cul-de-sac just north of Shepard Canyon. Park here. The trail starts on a steep, paved road to a water tank then proceeds northeast up the hill to a wide shelf at an elevation of 5150 feet. Stay on this shelf all the way to Baer Canyon.

Access #2 - Fruit Heights Trailhead with Parking: From the South Mountain Road in Fruit Heights, turn east on East Oaks Drive (~300 S.) and wind up the hill to 1800 E. (Davis Blvd). Turn left and drive to the end of the road. A parking lot is up a small road to the east by a water tank. After going about 100 feet east of the water tank, turn right to the south and follow the jeep road as it angles up the hillside to the mouth of Little Canyon.

Features:

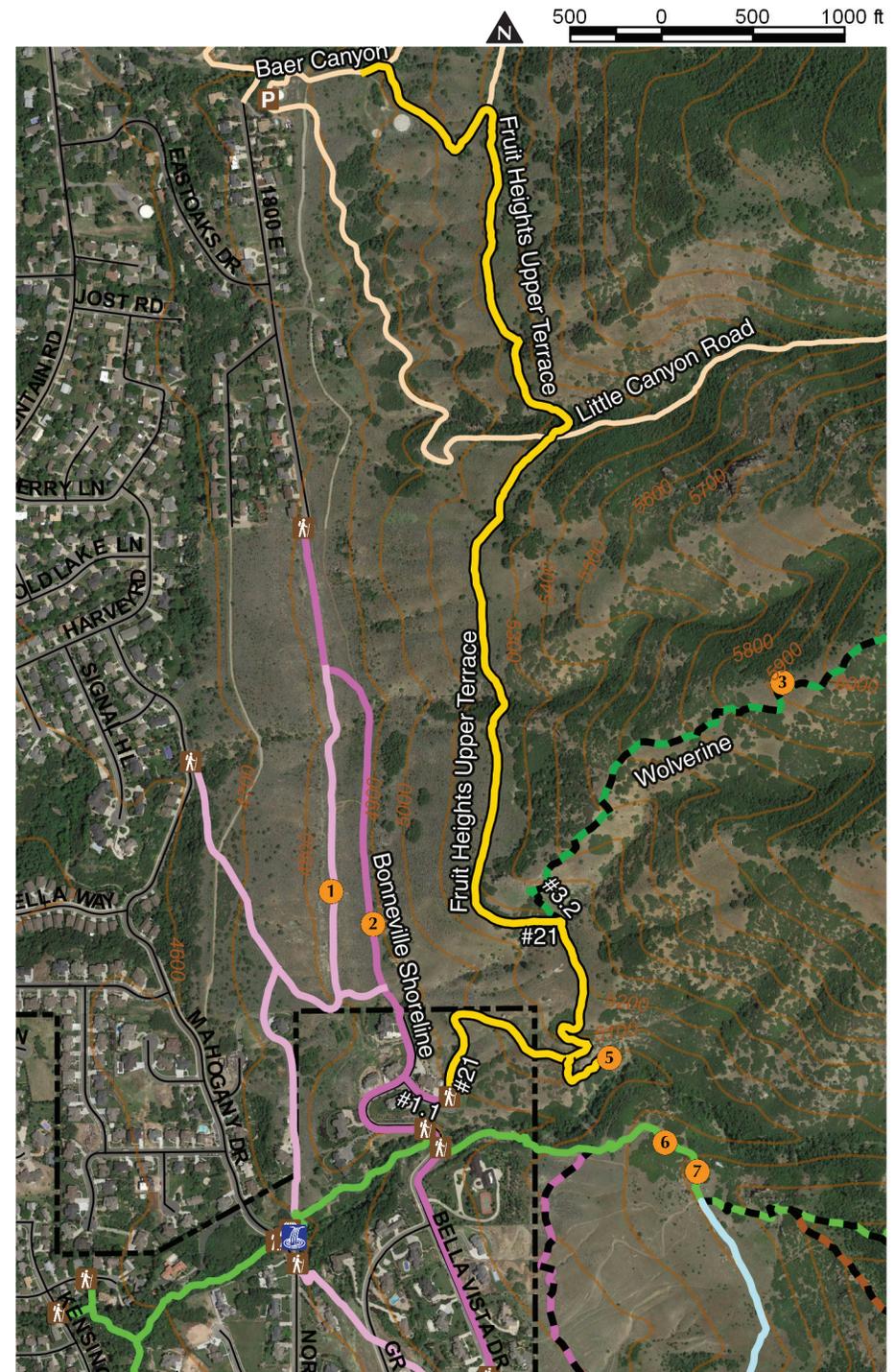
- Enjoy great views of the Great Salt Lake, Farmington, Kaysville, and Fruit Heights.
- Visit Window Cave (POI #5), located at the end of a short trail spur.
- See many wildflower varieties.
- Enjoy spectacular sunsets.
- This is a pleasant, level trail once you reach elevation.



photos by Logan Ulrich

Trail Surface and Status:

The trail is in good shape on a dirt path. Some parts of the trail are a jeep road.



The universe is one great kindergarten for man. Everything that exists has brought with it its own peculiar lesson. -Orison Swett Marden