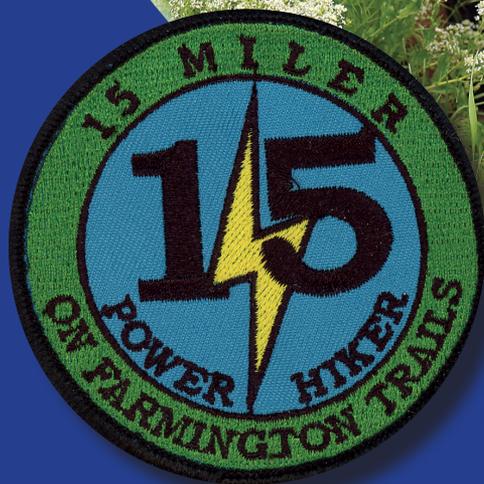
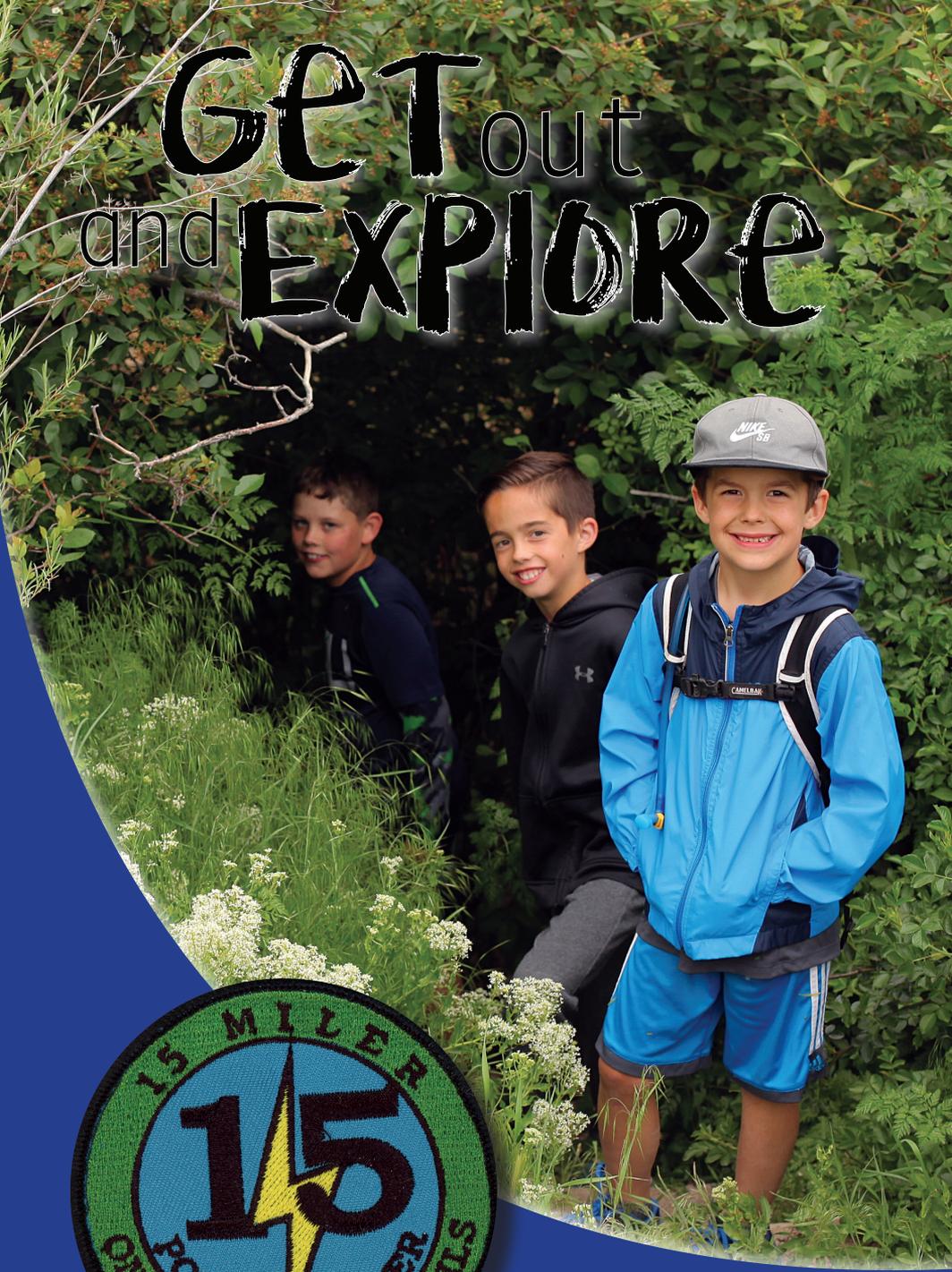


GET out and EXPLORE



*Farmington
Trails*

THANKS TO OUR SPONSORS!



www.FarmingtonTrails.org
Join us on Facebook at Farmington Trails

Project Editor: Amy Shumway • Photography: Kirsten Wright • Art: Emily Willardson

Copyright © 2017 by the Farmington Trails Committee

Hi Kids!

My name is George and I want to welcome you to Farmington Trails! I hope you enjoy hiking and exploring with your family and friends. This guide will help you become a Power Hiker. If you hike 15 miles of trails in Farmington, you will receive a 15 Miler Power Hiker award! You will get a cool patch and some fun prizes from our sponsors.

Take the pledge, grab some water, and get hiking!



Power Hiker Pledge

I, _____

promise to plan ahead and be prepared,
stay on the trail, put my trash in a garbage
can, leave what I find, respect wildlife, and
be friendly to others on the trails.



Leave
No
Trace™

Center for Outdoor Ethics | LNT.org

Here's how the program works!

Just follow these simple steps:

- 1** Take the Power Hiker Pledge.
- 2** Review the list of Farmington Trails and decide which trails you want to explore! Trails and sections of trails can only be counted once toward your total mileage. If you hike a trail and then turn around and come back, you can only include one way on your Power Hiker log. For more detailed information on each trail, you can visit our website at www.farmingtontrails.org or pick up a trail guide at Farmington City Hall.
- 3** Get out and enjoy hiking, biking, jogging, and exploring!
- 4** When you have logged 15 miles of trails, email your name, contact information, and Power Hiker log to the Farmington Trails Committee at info@farmingtontrails.org. You will be presented with a 15 Miler Power Hiker patch at a Farmington Trails Committee Meeting!
- 5** When you have your patch, take it into our sponsors for some great prizes!
- 6** Keep hiking and exploring Farmington! We have 146 miles of trails. You can even earn more Power Hiker patches!



Suggested Farmington Trails	Miles
#4 South Frontage Road Trail	2.23
#5.1 Oakridge Preserve Trail - Heritage Park	.5
#5.3 Oakridge Preserve Trail - Wetland Section	1.9
#6 Legacy Trail	3.79
#7 Rails-to-Trails	3.07
#8.2 Great Salt Lake Shoreline Trail - Buffalo Ranch Section and #13.4 Buffalo Ranch Trail	3.65
#9.3 - #9.4 Shepard Creek Trail - Lower Canyon Sections	.61
#9.5 - #9.6 Shepard Creek Trail - City Sections	.75
#10.1 Haight Creek Trail - Farmington Hollow Section	.5
#10.3 Haight Creek Trail - Wetland Section	.5
#11.1 Farmington Creek Trail - Upper Canyon Section	1.8
#11.3 - #11.4 Farmington Creek Trail - City Sections	2
#11.5 Farmington Creek Trail - Fairgrounds Section	.8
#17.6 Steed Creek Trail - Woodland Park Section	.5
#18.11 Davis Creek Trail - Urban Nature Walk Section	.7
#23 Nature Center Trail at Farmington Bay	2.8

Trails listed above are only suggested kid-friendly trails. Any trail in Farmington can count! A detailed trail guide is available at Farmington City Hall, or you can visit our website at www.farmingtontrails.org.

MATCH THE TRACKS

1. Cougar

2. Coyote

3. Domestic Dog

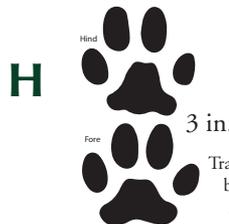
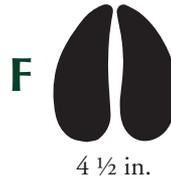
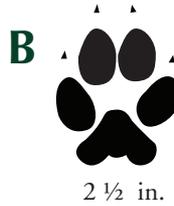
4. Raccoon

5. Red Fox

6. Mule Deer

7. Elk

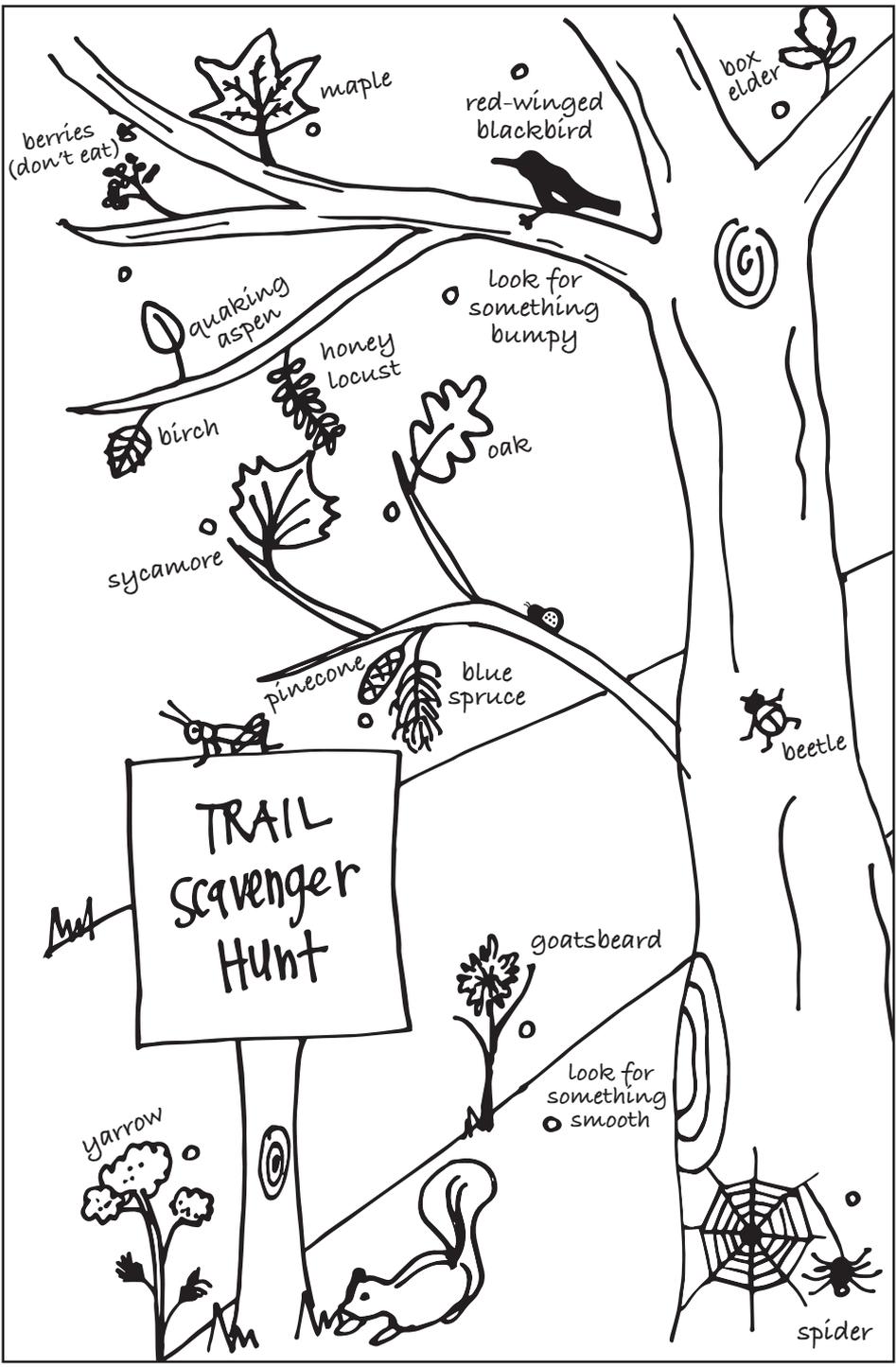
8. Moose



Tracks lack nail prints because they have retractable nails.

Learn more at www.wildawareutah.org.

Answers: 1H, 2B, 3G, 4E, 5C, 6D, 7F, 8A



berries
(don't eat)

maple

red-winged
blackbird

box
elder

quaking
aspen

look for
something
bumpy

honey
locust

birch

oak

sycamore

pinecone

blue
spruce

beetle

TRAIL
Scavenger
Hunt

goatsbeard

look for
something
smooth

yarrow

spider



Mountain View PEDIATRIC DENTISTRY

Healthy Kids
Healthy Smiles

(801) 737-KIDS (5437)

Pleasant View
2719 N. Hwy 89, STE 200
Pleasant View, Utah 84414

Farmington
991 West Shepard Lane, STE 100
Farmington, Utah 84025

www.themoosedentist.com

LOYAL
CYCLE
CO



15 E STATE ST, FARMINGTON, UTAH 801-451-7560

For Summer Fun There's Only One



Lagoon

801-451-8000 • lagoonpark.com

Camp/Scout Physicals

Same Day Visits

Developmental or Behavioral Concerns

Injuries/Urgent Care

Routine Checkups



wasatch
pediatrics

FARMINGTON

Earl Judd, MD
Kara Burnett, MD

Jackit Giannini, MD
Paul Morrison, MD

491 W Bourne Circle
Farmington, Utah 84025

801-939-9111
www.wasatchpeds.net

HARMONS

NEIGHBORHOOD GROCER®



EXPLORE
DAVIS COUNTY TRAILS

Get a free trail map at
any city office or bike
shop in Davis County.

#PlayInDavis
www.playindavis.com



DAVIS
COUNTY
TOURISM & EVENTS

Dr. Brown Orthodontics is a proud sponsor of **Farmington Trails!**



- Braces for Children and Adults
- Premier Provider of Invisalign
- Flexible Payment Plans
- Complimentary Consultation

SCHEDULE YOUR CONSULT TODAY!

801-447-2001

www.DrBrownOrthodontics.com



DR. BROWN
ORTHODONTICS

670 W. SHEPARD LANE, SUITE 105 • FARMINGTON, UT 84025



Vista Outdoor and its leading outdoor sports recreation brands instill passion into the great outdoors and support all outdoor enthusiasts. The Vista Outdoor global headquarters is proudly located in Farmington, UT and is focused on **Bringing the World Outside.**



Blackburn



CAMELBAK



SAVAGE



FROM BUG BITES TO BROKEN BONES WE'RE HERE FOR YOU

- Primary Care
- Urgent Care (7 am-11 pm, 7 days a week)
- Specialty Care (over 30 specialties)

FARMINGTON HEALTH CENTER

165 N. University Ave.
Farmington, UT 84025

801-213-3200

farmington.uofuhealth.org



HEALTH
UNIVERSITY OF UTAH



Cabela's
WORLD'S FOREMOST OUTFITTER™

VIEW LOCAL STORE EVENTS AND SALES AT
CABELAS.COM/FARMINGTON

391 NO. CABELAS DR.
FARMINGTON, UT 84025
801.939.3700



